

Volunteer Position Description

Position Title: Assistant Youth Cross Country Coaches

Department/Division: Parks & Recreation / Community Recreation

Purpose: To passionately coach the young men and women interested in competing in this sport. A lead coach is in place, so people in a supportive role are of need.

Requirements: I prefer high energy & engaging people that can work with teens and children. Experience in distance running / racing is highly preferred but not required. We will provide you with the information and guidance to coach successfully. People that are really into the Columbia community. The Ability to take authority of a group. My major requirement is consistency with attendance and dedication.

Task: Great chance for runners to get their runs in with others! Coach, guide and instruct the young men and women in their continuous pursuit of mastering their craft. Will come to practices and be a positive, encouraging, supportive role model and example to our kids and for our club. The boys and girls are ages 6-14. Would be great if assistant coaches could come to help at the track meets also (mostly held in Central Missouri towns), but not a requirement.

Dates: Normal practices are Tues, Thurs (6-730p) & Saturdays (10-11am) Approximately 4-5 hours a week. Cross country meets are on Saturdays and / or Sundays. Coaches are encouraged to attend meets, but not required. Season begins August 30 and goes through early-mid November.

Location: Based out of the Armory Sports Center – 701 E Ash. Corner of Ash and 7th street downtown behind the Courts Building. Practices take place at local parks such as Stephen's Lake Park & Philips Lake Park.

Volunteer will report to: Camren Cross – Recreation Supervisor. 874-6378 / camren.cross@como.gov and head cross country coach Stephanie King – (316) 737-0801 – snkfz2@mail.missouri.edu

Number of volunteers needed: 4 or possibly more.

What to wear: Comfortable but tasteful. This person is expected to be a positive role model. Shorts & Tees or tanks with sneakers are perfectly fine for practices as you would be expected to run with the children during practices.

Special Note: I need very consistent people that have a passion for the youth and hopefully for running.

To learn more: Contact Volunteer Programs at (573) 874-7499 or Volunteer@CoMo.gov or Camren Cross at (573) 874-6378/ Camren.Cross@CoMo.gov. More information about the club is available at the club's website: www.bluethundertc.shutterfly.com